



# More on Multiple Sclerosis and Hyperbaric Oxygen

Helen Prater

Multiple sclerosis (MS) is the most common chronic disease of the central nervous system. An estimated 2,500,000 people around the world have MS. Approximately 350,000 of that number live in the United States, and nearly 200 new cases are diagnosed here every week.

Unlike other diseases involving the immune system, with MS the immune system is the attacker. It attacks the myelin, the protective sheath around the nerve fibers in the brain, spinal cord, and optic nerve. The myelin covers and insulates a nerve in the same way that insulation covers electrical wire.

Random scarred patches called plaques, or lesions, may develop as a result of MS, interrupting and distorting the messages sent along these nerves. Just like a wire that loses its insulation, a nerve affected by MS develops a short circuit. Over time, the disease can lead to numbness, muscle weakness and stiffness, impaired vision, incontinence, coordination problems, impaired speech, and paralysis.

Over the past two decades, extensive international medical research has demonstrated that hyperbaric oxygen therapy (HBOT) can play an extremely important role in the treatment of multiple sclerosis. In many European countries, HBOT is now considered an integral part of the MS treatment program. In England alone, over 10,000 MS patients are currently receiving hyperbaric oxygen treatment.

In a recent article in the prestigious *New England Journal of Medicine* entitled "Hyperbaric Oxygen Treatment of Multiple Sclerosis, a Randomized, Placebo Controlled, Double-blind Study," researchers demonstrated significant objective improvements in a variety of MS symptoms in 70% of patients treated. At one year after treatment, dete-

rioration was noted in only 12% of patients who underwent hyperbaric oxygen treatment, as compared to 55% of MS patients not treated.

Swelling caused by MS deprives the tissues of oxygen, producing many different symptoms, and resulting in disabilities and tissue damage. Plasma, lymph, and cerebrospinal fluids are infused with the healing benefits of molecular oxygen during HBO therapy. This allows increased oxygen levels in areas of comprised blood supply and tissue damage caused by MS. This is extremely beneficial to the oxygen-starved tissues in MS patients.

**What is HBOT?**  
Hyperbaric oxygen therapy (HBOT) is a medical treatment approved by the FDA and AMA, which enhances tissue levels of life-giving oxygen. Normally, oxygen is almost exclusively carried by red blood cells. During HBO therapy, all body fluids, including the lymph and cerebrospinal fluids, are infused with the healing benefits of this molecular oxygen. Pressurization forces it to reach bone and tissue that are inaccessible to the blood cells, even when compromised by injury or disease. It enhances white blood cell function, resulting in increased infection control and faster healing.

Currently, there is no cure for multiple sclerosis. Existing drug therapies can cause significant side effects that may be worse than the symptoms that they are designed to relieve. Hyperbaric oxygen therapy is the only treatment that offers the MS patient relief of symptoms with no serious side effects. The findings of numerous long-term studies of established MS patients indicate that regular hyperbaric oxygen therapy favorably influences the course of the disease.

Hyperbaric oxygen is not a cure for MS—but it seems to offer effective help with such critical symptoms as fatigue, poor balance and mobility, sensory perception difficulties, incontinence, and, in some cases, speech problems associated with MS.

It is a potent therapeutic modality for the successful treatment of MS without the potential side effects associated with many currently used medications.

Although generally diagnosed in individuals between the ages of 20 and 40, a 19-year-old patient with MS since the age of 13 recently started HBOT. Women develop MS at a rate of two to three times that of men, but a new male patient, age 44, can vouch that it touches men, too.

One woman had MS for five or six years before she started HBO therapy. The doctors predicted that she was 60 to 90 days from being confined to a wheelchair. After 40 treatments, she was walking without her cane, and her sight had improved so much that she said she could see things in her back yard that she hadn't even known were there. After several more series of treatments, she felt so good that she even decided to get a facelift because she "wanted to look as good as" she felt.

Another woman had tried all conventional and non-conventional methods that she could find to control her MS. HBOT, by far, did the most good. She had been told by her doctor that she had the worst lesions he had ever seen. She initially had 40 treatments, and now

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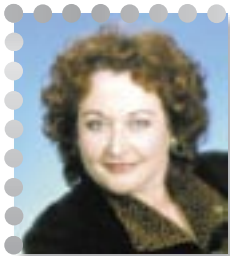
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# Change Your Life by Changing Your Timeline!

Kathy Moore, B.C.H., M.B.A.

In an avalanche of emotion, I saw myself hanging by the neck, with a pot of boiling oil below me. I knew I was destined for the pot.

"Detach from the scene," my therapist was saying.

I found that I couldn't, so my therapist called in any guides or angels who wanted to assist me with letting go of this scene from my genealogical past. Instantaneously, I felt myself surrounded by a room full of my guides. Literally, my entire entourage seemed to be present.

"Now, DETACH!" Keith said.

Suddenly, I was floating far away from the event with the realization that my ancestor 12 generations ago had been hanged and burned in oil for following her life's purpose, which was to teach people how to heal themselves. In other words, she was a witch.

"Wow! That's cool!" I thought, as I realized I had carried that very genetic imprint forward 12 generations. I had been sabotaging myself every time success was within my grasp because buried into my genetic code was the Limiting Belief: If I follow my life's purpose, they're going to kill me!

Amazingly, instead of being terrified, I felt like I was in an episode of *Quantum Leap*. That's the movie where actor Scott Bakula flips in and out of other people's lifetimes. Now, my reaction to the experience of being hanged was simply, "Uh, oh!" No terror. Not even any concern.

The lesson: Even if they kill your body for doing what your soul knows is right, they can't kill *you*. Suddenly, I'm Mel Gibson in *Braveheart*. "FREEDOM!"

You have just witnessed a Timeline Therapy™ session.

Timeline was developed by Tad James, Ph.D., in 1984. He has been teaching it to hypnotists and other practitioners since 1987. I have been trained in many techniques. I don't know of any others that work as quickly, as profoundly, or are as easy to use as Timeline.

In a Timeline session, clients can go back and release stuck emo-

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continues weekly sessions.

A local clinic reports an increase in MS patients since my first article on MS and HBOT. One lady in her 70s travels three hours to take her monthly maintenance treatment. I can honestly say, "I see that HBOT helps."

After retiring from 35 years in the computer field, Helen developed an interest in alternative health medicine. She became interested and began researching HBOT in an effort to find help and hope for her husband with congestive heart failure and diabetes, her nephew with ALS, and her niece with Lupus. She scoured the Internet, read articles, visited HBOT clinics, and even took dives herself. Her mission was to find out everything that she could about this simple, but powerful, treatment and how it can help. Call 210-654-6464.



**Kathy Moore, M.B.A., B.C.H.**

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tions back to the very origin of the first time that those feelings ever became stuck in their DNA. I have actually had clients go back to stuck anger, which they incurred after their soul's first incarnation, when they mistakenly believed that they became separated from God.

In other hypnosis sessions, clients frequently only notice subtle shifts in their perceptions or behaviors at first. In Timeline, however, these shifts are usually profound. One client, a single mom with anxiety, called me back the next day after her session, laughing, "Hey, just wanted you to know I feel *great!*" I usually see people grinning during the sessions as they realize the emotions that they've carried around with them, frequently since birth, are now magically gone. I've even had people ask, "How does it do that?"

That's not the best part! Timeline allows the client to release Limiting Decisions. Let's say through various circumstances in your life, that you decided 20 years ago (*subconsciously*) "I never have enough money." With Timeline, you can go back to the inception of that limiting belief and completely release it. Then you use the goal-setting portion to put new realities into effect in your life.

Tad James says that he has become so good at doubling people's income that he began offering a money back guarantee. I'm still gathering data from my own sessions, but I feel confident that I'll be offering my own guarantee very soon.

If you'd like to experience this amazing technique, call for an appointment. Or, if you'd like more information, visit Tad's Web site at [www.TadJames.com](http://www.TadJames.com).

Kathy Moore is the owner of Moore Inspirations, which is a member of San Antonio's Wellness Center, located at 4823 Fredericksburg Road, near CrossRoads Mall. SAWC is a full-service wellness center featuring Turtle Dragon Acupuncture, Red Lotus Massage, Sam Rodger's Herbal Nutrition, and Karen Brandt, detox specialist and holographic repatterner. For more information, call Kathy at 201-735-6766 or the main SAWC number at 210-738-9200. You may also visit the Web site at [www.mooreinspire.com](http://www.mooreinspire.com).